Examining & Undoing the Power and Privilege of Practice

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REPORTING YOUR CREDIT
This on-demand seminar was originally presented as a live seminar and webcast on May 24, 2019, in Seattle, WA. If you attended the live seminar or webcast and reported CLE credits, you cannot also report credits from watching or listening to this recording.

DESCRIPTION
“If you have come here to help me, you are wasting your time. But if you have come because your liberation is bound up with mine, then let us work together.”
-Lilla Watson

This training is designed to help you understand power and privilege dynamics in our work with diverse client populations by 1) acknowledging the impact of implicit bias individually and structurally; 2) examining implicit bias in the civil rights context; and 3) applying mindfulness techniques to reclaim health and wellness.

For attorneys serving underrepresented and marginalized communities and attorneys working with racially and linguistically diverse client populations, it’s critical to examine our biases and privilege and learn tools to disrupt systems of oppression to allow us to bring our full humanity to this work.

This CLE aims to refresh our humility in practice; acquire pragmatic tools to avoid the savior/missionary model of attorney-client relationships; and understand different models of practice to facilitate structural and systemic change. The ultimate goal is to provide a pragmatic approach for attorneys who are ready to transform their orientation to their practice in order to empower clients experiencing racism and other institutionalized discrimination. Whether you work in the private or public sector, this training is for you.

The CLE is facilitated by JustLead Washington, a statewide capacity-building organization committed to helping equity & justice-committed advocates and organizations develop their equity and leadership skills.

Agenda continues on the next page.
AGENDA

1  **Racial Equity: Individual, Systemic and Structural Change**
   This session provides racial equity training through a theoretical framework and as applied practice. Facilitators teach racial equity and how to build a practice integrating anti-bias leadership. The session covers implicit bias, institutionalized and structural racism, racial and intersectionality identity, and examines the structures used in civil rights work. JustLead, a statewide equity training organization, facilitates the first part of the session, and Colectiva Legal del Pueblo, a community lawyering practice based on a non-hierarchical, shared-leadership model that provides legal services to communities in need, facilitates the second portion.

   *Omid Bagheri – JustLead, Seattle*
   *Sandy Restrepo – Colectiva Legal del Pueblo (CLP), Burien*

2  **How Ethical Are We to Ourselves? Mindfulness as a Tool to Recognize Stress, Shift Power Imbalances and Sustain Wellness**
   In order to be an ethical civil rights practitioner, one must acquire the tools to identify stress, trauma, and suffering associated with civil rights work, not only in the lives of those we serve but also within our own lives. Therefore, this session guides practitioners on applying mindfulness based resilience training into your practice, and how such practice can assist in racial equity work to shift power dynamics. This session also offers guidance on sustaining your own legal practice and your own health and wellness. Contemplative and mindfulness practice can improve our professional responsibility to maintain our candor, fairness, impartiality, communication, and competence in the legal field.

   *Tuere Sala - Guiding Teacher, Seattle Meditation Society (SIMS), Seattle*